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Contents of first page of manuscript

Title Title should be short, specific, and amenable to indexing.

Authors Full Name, (initials for additional names) and surname of each author and the name of institute. If the publication originates from several institutes the affiliation of all authors should be clearly stated by using Arabic numerals in (brackets) after the name and before the institute. Indicate with the number (1) Authors affiliated to the first Institution, (2) those affiliated to the second Institution, etc. Example of the correct format for title and authors is:

Improvement in Walking Distance after Rehabilitation in Patients with Peripheral Arterial Disease is Associated with Changes in Skeletal Muscle Myosin Heavy Chains

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A list of all non-standard abbreviations All non-standard abbreviations should be spelled out the first time they are mentioned, in both Abstract and Article

Contents of second page of manuscript

Abstract These should have no more than 250 words for a review or main article and communications. The abstract, in one paragraph, should state the purpose of the study, basic procedures, most important results, principal conclusions.

Key Words The authors should provide 3-8 (usually 5) keywords below the abstract page pertaining to all major points of their contribution.

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Manuscripts should be divided into the following sections:

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- Materials and Methods: for special materials and equipment, manufacturer's name and location should be provided.
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References

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- all authors names (surnames followed by initials without dots), followed by
- the title of the article;
- the journal title abbreviated as it appears in the Index Medicus;
- the date of publication;
- the volume number;
- inclusive page numbers.

For books be sure to include the chapter title, chapter author(s), editor(s) of the book, title of the book (including volume or edition number), publisher's name and location, date of publication and appropriate page numbers.

Examples of the correct format are as follows:

for Reviews and Main Articles

[1] Buller AJ, Eccles JC, Eccles R. Interactions between motoneurons and muscles in respect of the characteristic speeds of their responses. *J Physiol (London)* 1960; 150: 417-439.

[2] Grandjean PA, Herpers L, Smits K, Bourgeois I, Chachques JC, Carpentier A. Implantable electronics and leads for muscular cardiac assistance, in Chiu RCJ (ed): *Biomechanical cardiac assist. Cardiomyoplasty and muscle-powered devices*. Mount Kisco, New York, Futura Publishing Company, Inc., 1986, pp 103-114.

[3] Marechal G, Carraro U (eds): *Muscle and Motility (Vol 2)*. Andover, Hampshire, Intercept, 1990; pp 1-389.

for Communications

[1] Buller AJ, Eccles JC, Eccles R. *J Physiol (London)* 1960; 150: 417-439.

[2] Grandjean PA, Herpers L, Smits K et al. in Chiu RCJ (ed): *Biomechanical cardiac assist. Cardiomyoplasty and muscle-powered devices*. Mount Kisco, New York, Futura Publishing Company, Inc., 1986, pp 103-114.

[3] Marechal G, Carraro U (eds): *Muscle and Motility (Vol 2)*. Andover, Hampshire, Intercept, 1990; pp 1-389.

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